

# Current European Experience with trial approval in early development : Afssaps (France)

*Agence française  
de sécurité sanitaire  
des produits de santé*



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- **FIH in France**
- **Some figures / phase 1 CTs**
- **Assessment by Afssaps**
- **How to improve CTA assessment in EU/CTFG**

# FIH – CT Organisation in France



1. Perform FIH in authorised/accredited research sites
2. Avoid simultaneous inclusion of volunteers in several CTs:
  - exclusion period to be specified in the protocol
  - the French registry of volunteers
3. Avoid professionalisation of volunteers :
  - total annual indemnities < 4500 euros
4. Specific modalities for conducting FIH
  - guideline on strategies to identify and mitigate risks for FIH-CT with IMP (Emea/July 2007)

# Competent authority/ Ethics committee: who assesses what in France?



## National Competent Authority

### Quality and safety of investigational medicinal products

- quality data
- non clinical data
- clinical data
- GMP
- GLP
- GCP
- Emea, ICH recommendations

### Subjects' safety, including

- inclusion / exclusion criteria
- treatment dose, duration
- safety monitoring of subjects
- choice of comparateur

## Ethics Committee

### Subjects' protection

- subject information / consent
- indemnities/compensation/insurance
- arrangements for recruitment

### Trial design: methodology

### Facilities

- quality of facilities, suitability of investigators and staff

## 1. Some hospital pharmacies in France may prepare

- MP:
- hospital preparations
  - including IMPs and NIMPs

### • *Conditions :*

- The hospital pharmacy must be **authorised** for this activity (inspection)
- **Adapted GMP**: « Good manufacturing practice for hospital preparations » (published in 2007)
- Hospital preparations are **declared** to Afssaps
- Hospital preparations only **if no authorised MP available**

## 2. Some Phase 1 research sites are allowed to package, label IMPs

- **Working group on exploratory trials (3-5 October 2008) :**
  - Definition and scope (IMPs with factors of risk ?)
  - Concerns about the border between exploratory trials and FIH
  - M3 (5 approaches)
  - Adapted GMP could be acceptable for microdosing.
  - Perform expl. CT in autorised research sites
  - Pre submission to Afssaps for approaches 3 to 5
    - > *French recommendations pending (after step4 ICH M3 revision)*

## **Some Figures in France in 2008**

# 2008 in France...



- **1 000 CTs**

- Phase 1 : 25%
- Phase 2 : 27%
- Phase 3 : 37%
- Phase 4 : 10%
- Sponsors : commercial (74%), non commercial (26%)
- Time lines (all phases) : 42 days (recevability period included)

- **2 200 subst. amendments**

- **51 380 Susars**

- **861 ASR**



# Phase 1 CTs in France (2008)



- **250 phase 1 CTs**
  - 41 FIH (17% of phase 1)
  - 26 phase 1/2 CTs (10%)
  - 181 other phase 1 CTs
- **CTA**
  - 64% authorised directly
  - 36% RFI-GNA
- **No refusal, but 7 withdrawals** (for potential refusal)
- **Time lines\***
  - 32 days if direct CTA
  - 38 days (all phase 1 CTs included)
  - Longer where patients concerned

\*: time lines include the recevability period

- **41 in 2008**
- **5 considered with « potential factors of risk » (FIH guidelines)**
- **25 national ; 16 international (10 F+MS ; 4 F+MS + 3rd countries ; 2 F + 3rd country)**
- **Decision :**
  - Authorisations : all
    - 35% direct CTA (no RFI nor GNA) ;37 days\*
  - No refusal
  - But 7 withdrawals (3 for potential refusal)

\*: time lines include the recevability period

## **Afssaps' assessment of phase 1 CT dossiers :**

- the most frequent requests for further information RFI**
- or grounds for non acceptance (GNA)**
- in 2008**

- **Safety considerations and compliance to guidelines**
- **Internal and external expertise**
- **FIH : if potential factors of risk identified :**
  - pre-submission of the CTA dossier to Afssaps recommended
  - free of charge
  - CT experts working group
  - Procedure on [www.afssaps.fr](http://www.afssaps.fr)

# Quality issues (26% of GNA/RFI)



## 1. Sterility data (RFI ; justification) :

- bioburden before sterile filtration

## 2. Impurities (RFI)

- quantity, control

## 3. Properties of the drug product :

- risk of active substance precipitation, risk of flocculation, micelles size...

## 4. Methods of manufacture of the drug product :

- description, sterilisation...

## 5. Stability description

## 6. Control of the drug product or active substance

# Viral safety issues



- **34/250 Phase 1 CTs concern biological IMPs**
- **15/34 : RFI or GNA**
  - Lack of any viral safety data ! (8/15)+++
  - ...

# Non clinical issues



- **16%**

- **Lack of :**

1. Non clinical data according to guidances+++
2. Information on calculation and justification of the test doses (1st dose – maximal dose)++
3. Pharmacokinetic data++
4. Information on specifications

- **RFI/GNA :**

- Discussion of non clinical results
- Justification of indication, modalities of IMP administration or association with other MP
- Description and justification of impurities (Guideline on the limits of genotoxic impurities : EMEA/CHMP/QWP/251344/2006)
- 1st dose (FIH)

# Clinical issues (1)



## 1. FIH :

### 1. The choice of subjects

- Healthy V or patients
- inclusion – exclusion criteria (IB – SmPC)

### 2. Details about decision making process and data sharing organisation (multisites FIH)+++

### 3. Modalities for product administration

- within cohort and between cohorts :
  - number of simultaneous administrations
  - time between subjects
  - criteria to start next cohort
  - overlap between cohorts
- stopping rules
  - the dose escalation
  - the trial



## 4. Safety monitoring criteria and modalities

### **2. Phase 1/2 :**

- Lack of the results of phase 1 before starting phase 2 !

# The 3 potential refusals for FIH in France (2008)



## 1st dossier: Need for further genotoxicity data (M3)

- clastogenicity/healthy volunteers

## 2<sup>nd</sup> dossier: Inclusion criteria

- limit to : severe disease where there is no therapeutic options

## 3rd dossier: Several issues :

- cytokines release syndrom ;
- details on monkey death ;
- justification of 1st dose (use Mabel) ;
- justification of children ;
- decision making modalities ;
- circulation of information between centres (countries)

- **Quality issues 26% of RFI**
- **NC issues could be avoidable**
- **Clinical issues : use the FIH Guideline from Emea!**
- **Points for improvement**

## **How to improve CTAs assessment in EU ?**

# Harmonisation of CT assessment by NCAs



- **Coordination of the scientific assessment of :**
  - Clinical trials applications (CTA)
  - CT safety : annual safety reports
- **CTA assessement :**
  - Procedure proposed by the Clinical Trial Facilitation Group (CTFG) to sponsors
  - But also an internal CTFG procedure

# The clinical trials facilitation group/ CTFG



- **CTFG :**
  - An Operational working group at the EU level
  - NCAs of the 27 member states + EMEA + EU. Commission
  - In 2009 chaired by Germany, cochaired by France
    - **Terms of Reference :**
      - Improve interactions between the MS, **more coordination**
      - Promote harmonisation of decisions on CTAs, **avoid divergent decisions**
      - Get a **common interpretation** of regulatory aspects
      - Same objectives: Ensure **subjects' safety**

# CTFG : how it works...



- **Monthly face to face meetings**
- **Monthly teleconferences**
- **Electronic tools to share information ; automatic alerts**
- **Links with other European working groups (Commission WG, Inspectors WG, CHMP....)**
- **CTFG assessors meetings :**
  - Quality issues :
    - Sept. 2008
  - Non clinical issues :
    - Feb. 2008
    - June 2008 (M3)
  - Exploratory trials :
    - Oct. 2008
    - Oct. 2009

**The CTFG Guidance document  
for a  
Voluntary Harmonisation Procedure  
(VHP)**

<http://www.hma.eu/77.html>

**A pilot Phase starting Feb. 2009**



# The VHP : a 2-step process



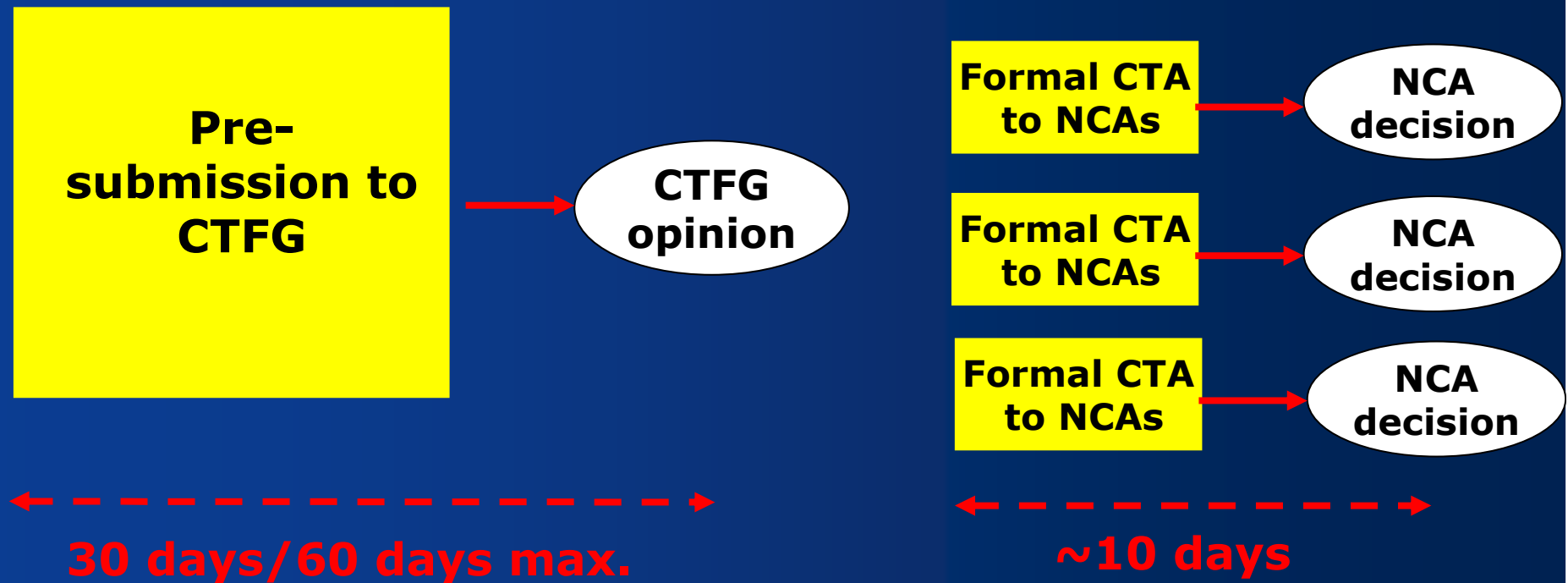
## 1. Pre-submission of CTA to CTFG

- Single repository, electronic submission, same CTA dossier, at the same time for NCAs
- Common and simultaneous scientific review by all the participating NCAs
- Timelines :
  - 1st common position around D30 (OK or RFI/GNA),
  - total period : maximum 60 days (if RFI or GNA)
- scope of assessment : quality and safety of IMP ; safety of subjects++

## 2. Then, the National step

- Formal CTA application to NCAs
- Formal decision by NCAs within short timelines (~10 days)

# The VHP : flowchart



## Scope of the pilot phase



- MultiNational CTs and
- IMP with no MA in EU and
- Where there are “critical” medicinal products/trials e.g.:
  - FIH and particularly with IMP with “potential factors of risk”
  - Or specific IMP
  - Or specific trial populations (rare population, unmet medical needs, paediatrics)
  - Or very large population (e.g. phase 3, several 5-10 MS concerned)

➤ ***VHP : a common and simultaneous assessment of CTs by several NCAs***

- **An internal procedure for assessment sharing if Multinational FIH**
- **The NIMP dossier, a common approach (pending)**
- **Information on the CTFG website**
  - <http://www.hma.eu/77.html>
  - mandate
  - action plan
  - contact points in NCAs
  - who assesses what in MS
  - other documents: VHP, ....

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