

## FACULTY Part I & II

### Dr Sybille Baumann

CRS Berlin GmbH, Berlin/Germany

### Dr Antje Blank

University Medical Center Heidelberg/Germany

### Dr Kerstin Breithaupt-Grögler

kbr - clinical pharmacology services, Frankfurt/Main/  
Germany

### Dr Martin Coenen

University Medical Center Bonn/Germany

### Dr Katharina Erb-Zohar

clinphase, Schotten/Germany

### Dr Andreas Kovar

Sanofi-Aventis Deutschland GmbH, Frankfurt/Main/  
Germany

### Dr Stephanie Plassmann

PreClinical Safety (PCS) Consultants Ltd, Basel/  
Switzerland

## FACULTY Part I & II

### Dr Jens Rengelshausen

Grünenthal GmbH, Aachen/Germany

### Dr Barbara Schug

SocraTec R&D GmbH, Oberursel/Germany

### Dr Jorg Taubel

Richmond Pharmacology Ltd, London/United Kingdom

### Dr Wolfgang Timmer

Dr. Regenold GmbH, Badenweiler/Germany

### Dr Manfred Wargenau

M.A.R.C.O. GmbH & Co. KG, Düsseldorf/Germany

### Prof. Dr Georg Wensing

Bayer Pharma AG, Wuppertal/Germany

### Dr Michael Zühlsdorf

Merck KGaA, Darmstadt/Germany

## INFORMATION

### Venue

Online Course @  
`Microsoft Teams`  
-you will receive your personal login data-

### Requirement

Please download the Desktop App  
when you are asked

### Date

**Part I**  
30 September and 1 - 4 October 2021

**Part II**  
11 - 12 and 15 - 16 November 2021

### Fees

**Part I (3 days) or Part II (4 days)**

1.000 EUR Member\*  
1.350 EUR Non Member

**Part I and Part II**

1.750 EUR Member\*  
2.300 EUR Non Member

\*of AGAH, AHPPI, AFPT-CPI, Healixia, ACCP,  
EUFEMED

Special fees for students are available  
on request.

Min. number of participants 8 guests, Max. 20 guests  
Registration deadline Part I: 23/9/2021

[Registration \(engl.\)](#)

## CONTACT AND FURTHER INFORMATION

### AGAH e. V.

Association for Applied  
Human Pharmacology (AGAH) e. V.  
Office: Goernestraße 30  
20249 Hamburg  
Phone: +49 (0)40 30772097  
email: [info@agah.eu](mailto:info@agah.eu)  
<http://www.agah.eu>

### Registration

CSi Hamburg GmbH  
Goernestraße 30  
20249 Hamburg (Germany)  
Phone: +49 (0)40 30 770300  
Fax: +49 (0)40 30 770301  
email: [agah-meetings@csihamburg.de](mailto:agah-meetings@csihamburg.de)



**INTRODUCTORY COURSE  
IN EXPLORATORY MEDICINES DEVELOPMENT**

**PART I  
-ONLINE COURSE-**

**30 SEPTEMBER - 4 OCTOBER 2021**



Die Inhalte der Fortbildungsmaßnahme sind produkt- und/oder dienstleistungsneutral gestaltet. Potenzielle Interessenkonflikte der Referierenden werden in einer Selbstauskunft gegenüber den Teilnehmenden offen gelegt werden. Der Introductory Course Part I + II ist eine Eigenveranstaltung der AGAH e. V. und wird nicht durch Sponsoring finanziert. Die Höhe der Gesamtaufwendungen beträgt ca. 20.000 € für die Ausrichtung.

**"Introductory Course in Exploratory Medicines Development" –  
Part II · 11 - 12 November and 15 -16 November 2021**



## INTRODUCTION AND LEARNING OUTCOMES

This course addresses postgraduates in life sciences interested in early clinical development of medicinal products. Two training parts of 3 days each provide a concise overview on Human Pharmacology / Translational Medicine spanning from non-clinical pharmacology and toxicology over first-in-man studies to proof-of-concept clinical trials.

### Learning Outcomes

On successful completion of Part 1, students should be able to demonstrate an understanding / knowledge of the following:

- principal steps in drug development – from compound selection to marketing application and beyond
- pertinent issues involved in the undertaking of early clinical research
- specific aspects of how to set-up and conduct early phase clinical trials
- regulation of medicines in Europe
- development and review of compound-specific information to ensure adherence to scientific, medical, ethical, and legal provisions
- integration of pertinent available scientific information into an IB and a clinical trial protocol
- principles of trial design, protocol submission and clinical conduct
- selection of appropriate trial population
- most common early phase clinical trials and their specific requirements
- assessment and evaluation of safety data from clinical trials
- relevance of formulation properties and in vitro characteristics of the trial medication for design and planning of an early phase clinical trial
- basics of pharmacokinetics
- defining pharmacokinetic (PK) endpoints for early phase clinical trials
- method validation according to good clinical (GCP) and good laboratory (GLP) practise
- practical aspects of bioequivalence trials

This AGAH course meets the standards for high-quality postgraduate education and training in Medicines Development established by PharmaTrain and has been awarded a PharmaTrain Recognition. The course was accredited 3 ECTS (Parts I plus II).

## Day 1 · THURSDAY, 30 September 2021

09:00 - 09:30	Meet and greet: introduction of faculty and participants
09:30 - 10:30	<b>Overview on the drug development process:</b> Nonclinical studies, evaluation of toxicity, pharmacokinetics, pharmacodynamics First-in-human, Phases I to III, exploratory vs. confirmatory trials, submission and marketing authorisation; Phase IV, non-interventional studies / post-marketing surveillance, epidemiological studies; go/no-go decision making, definition of proof-of-mechanism (PoM), proof-of-concept (PoC) <i>Georg Wensing</i>
10:30 - 10:45	Break
10:45 - 12:15	<b>Design elements of human pharmacology trials:</b> Controlled / uncontrolled, placebo / active control, cross-over / parallel-group, single-blind / double-blind, single dose / multiple dose, randomisation procedures, dose-escalation, staggered timing, combined protocols, adaptive elements, microdosing studies <i>Wolfgang Timmer</i>
12:15 - 13:00	<b>Regulatory and ethical aspects of trial conduct I:</b> Risk-benefit evaluation, GCP, Declaration of Helsinki, EU-Directive and Regulation, ICH-Guidelines <i>Kerstin Breithaupt-Grögler</i>
13:00 - 13:45	Break
13:45 - 14:30	<b>Regulatory and ethical aspects of trial conduct II:</b> Trial authorisation: Ethics committee favourable opinion and competent authority approval <i>Kerstin Breithaupt-Grögler</i>
14:30 - 15:00	Break
15:00 - 16:30	<b>Most common early phase clinical trials:</b> First-in-human, safety, exploratory PK and PD, drug-drug interaction, drug-food interaction, bioavailability, bioequivalence, QTc trials PoC trials <i>Wolfgang Timmer</i>

16:30 - 17:15	<b>First-in-human trials in patients:</b> Most common designs for dose escalation, relevant differences vs trials in healthy subjects <i>Antje Blank</i>
17:15 - 17:30	Break
17:30 - 18:15	<b>Trial protocol and investigator's brochure:</b> How to integrate information from scientific literature, nonclinical / clinical information and other sources; primary and secondary objectives vs. endpoints, differences between IB and IMPD <i>Kerstin Breithaupt-Grögler</i>
18:15 - 18:45	<b>Virtual Get-together:</b> Apero and formation of break-out groups

## Day 2 · FRIDAY, 1 October 2021

09:00 - 10:45	<b>Conduct of clinical trials</b> (including case study): Safety parameters and stopping criteria (AE, SAE, ADR, SUSAR), relationship to trial medication, severity of AE, liver / renal toxicity, general tolerability, local tolerance, monitoring of vital signs <i>Antje Blank</i>
10:45 - 11:00	Break
11:00 - 12:30	<b>Conduct of clinical trials:</b> (including case study): Practical aspects in planning of early phase trials <i>Sybill Baumann</i>
12:30 - 13:15	Break
13:15 - 14:45	<b>Selection of trial population and definition of inclusion / exclusion criteria in early drug development</b> (including case study): Healthy subjects, symptomatic subjects, patients in early phase, children, elderly, gender, ethnicities, cultural differences <i>Katharina Erb-Zohar</i> <i>Jorg Taubel</i>
14:45 - 15:15	<b>Conduct of clinical trials:</b> Site selection <i>Katharina Erb-Zohar</i>
15:15 - 15:30	Break
15:30 - 16:00	<b>Conduct of clinical trials:</b> (including case study): Independant data monitoring committee <i>Katharina Erb-Zohar</i>

16:00 - 16:45	<b>Conduct of clinical trials:</b> Subject / patient informed consent in early phase clinical trials <i>Kerstin Breithaupt-Grögler</i>
---------------	---

### Weekend

## Day 3 · MONDAY, 4 October 2021

09:00 - 09:15	<b>Discussion of homework:</b> Case studies: AE/SAE documentation, set-up of a FIH / a BE trial <i>Kerstin Breithaupt-Grögler</i>
09:15 - 11:00	<b>Pharmacokinetics I:</b> ADME, drug-drug interaction, drug-food interaction, bio-equivalence / bioavailability, steady state, accumulation factors <i>Andreas Kovar</i>
11:00 - 11:15	Break
11:15 - 13:30	<b>Pharmacokinetics II:</b> Pharmacogenetics / polymorphisms, pharmacometrics, PK/PD relationship <i>Andreas Kovar</i>
13:30 - 14:15	Break
14:15 - 15:45	<b>Trial medication:</b> Drug substance / product, labelling, stability, drug accountability, code breaking envelopes / emergency unblinding, specific aspects of preparation / administration / storage in Phase I, route of administration, formulations, fasted or fed conditions, blinding, double-dummy, test / reference therapy, challenging substances, IMPD information, non-IMPD medication, release process according to ANNEX 1 <i>Barbara Schug</i>
15:45 - 16:00	Feed back and end of Part I
16:00 - 18:00	<b>Mandatory Test on Part I</b> 60% of questions must be correctly answered to pass test and receive a certificate
offline	