

## The Basics of Human Pharmacology

This 2 x 2½ day course provides a basic training in Human Pharmacology and is addressed to postgraduates in life sciences interested in early clinical development of medicinal products.

### Learning Outcomes

On successful completion of Part 1 of this course, students should be able to demonstrate an understanding / knowledge of the following:

- principal steps in drug development from compound selection to marketing application, i.e., the pharmaceutical, non-clinical and clinical development
- pertinent issues involved in the undertaking of early clinical research
- management of drug safety issues
- regulation of medicines in Europe
- development and review of compound-specific information to ensure adherence to scientific, medical, ethical, and legal provisions
- selection of the appropriate trial population
- principles of study design, protocol submission and conduct
- relevance of formulation properties and in vitro characteristics of the trial medication for study design and study planning
- basics of GMP-related issues for acceptance of the IMPD
- pharmacokinetic and pharmacodynamic principles of drug effects

#### Venue Part 1:

Seminarzentrum und Gästehaus der  
SRH Business Academy GmbH  
Bonhoefferstraße 12  
69123 Heidelberg

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**Dates:** Part 1 - 14 to 16 November 2013  
Part 2 - 13 to 15 February 2014

#### Fees: Part 1 or Part 2 (2½ days)

1.000,00 € members\*  
1.250,00 € non-members  
750,00 € students

#### Part 1 and 2 (2 x 2½ days)

1.750,00 € members  
2.000,00 € non-members  
1.300,00 € students

\* AGAH, CPI, AHPPI, BAPU, DGPharMed, DGKLiPha

This meeting is accredited by the Landesärztekammer, participants will be awarded "Fortbildungspunkte".

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#### Registration | Workshop Office:

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Arbeitsgemeinschaft  
für angewandte  
Humanpharmakologie e.V.

Association for Applied  
Human Pharmacology

## THE BASICS OF HUMAN PHARMACOLOGY

**An Introduction to the basics of human  
pharmacology and the practical, regulatory and  
ethical aspects of early phase clinical trials**

**PART 1**

**14 TO 16 NOVEMBER 2013  
HEIDELBERG**

Second Announcement

## 14 NOVEMBER 2013

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- 13:00 **Registration**
- 14:00 **Introduction of faculty and participants**
- 14:30 **Overview of Part 1**
- 14:45 **Clinical drug development – scientific /methodological aspects**  
(from compound selection to submission: preclinical studies, evaluation of toxicity, clinical development, pharmacokinetics, pharmacodynamics, first-in-man, Phase 0, Phases I to III, exploratory vs. confirmatory trials, marketing application, Phase IV, non-interventional studies / post-marketing surveillance, epidemiological studies)  
*K. Breithaupt-Grögler, G. Wensing*
- 16:30 **Break**
- 17:00 **Clinical drug development - regulatory and ethical environment**  
(Declaration of Helsinki, EU-Directives, ICH-Guidelines, GCP, AMG, local European law [Switzerland, Austria, UK, Netherlands], trial authorisation: ethics committee favourable opinion and competent authority approval, submission and marketing authorisation, pharmacovigilance, abbreviations)  
*K. Breithaupt-Grögler, G. Wensing*
- 19:00 **End of Day 1**

## 15 NOVEMBER 2013

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- 08:30 **Overview on preclinical development from early compound selection to submission**  
(in silico, in vitro assays, early in vivo studies incl. primary and secondary pharmacodynamics and

kinetics, safety pharmacology, genotoxicity, general and reproductive toxicity in various species [rodents, non-rodents] incl. NOEL/NOAEL and MTD, carcinogenicity, special studies, ICH M3 Guideline)  
*S. Plassmann, H. Sourgens*

- 10:45 **Break**
- 11:15 **Designing a human pharmacology trial**  
(populations, number of patients in Phase I, randomised, controlled, placebo, staggered timing, cross-over, parallel-group, single-blind, double-blind, dose-escalation, single dose, multiple dose, drug-drug interaction, drug-food interaction, bioavailability, bioequivalence, adaptive designs)  
*W. Timmer*
- 13:00 **Break**
- 14:00 **Break-out groups: What do we need to start a clinical trial in humans?**  
*All*
- 14:30 **Competent authority approval and ethics committee opinion**  
(IB/IMPD, trial protocol / substantial amendment, informed consent, qualification of investigator / staff / trial site, submission, Module 1, Module 2)  
*I. Klingmann, C. Hinze*
- 15:45 **Break**
- 16:00 **Selection of trial population, inclusion / exclusion criteria in early drug development**  
(healthy subjects, symptomatic subjects, patients [proof of concept], children, elderly, gender, women of childbearing potential, ethnicities, cultural differences)  
*K. Erb-Zohar, J. Täubel*
- 17:30 **End of Day 2**

## 16 NOVEMBER 2013

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- 08:30 **Trial medication**  
(drug substance / product, route of administration, formulations / drug-food interaction, specific aspects of preparation / administration / storage in Phase I, drug accountability, test / reference therapy, blinding, double-dummy, challenging substances, labelling, stabilisation, IMPD information, Non-IMPD medication, code breaking envelopes / emergency unblinding, release process according to ANNEX 13)  
*B. Schug*
- 10:00 **Break**
- 10:15 **Biomarkers, pharmacodynamic endpoints and models**  
(biomarker definitions and examples from oncology, diabetes, cardiovascular and cardiac safety; pharmacodynamic models e.g. for pain)  
*M. Zühlsdorf, J. Rengelshausen*
- 12:00 **Break**
- 13:00 **Quiz: Human Pharmacology Terms Part I**
- 13:15 **Pharmacokinetics I:**  
ADME, drug-drug interaction, drug-food interaction, bioequivalence / bioavailability, steady state, accumulation factors  
*A. Kovar, M. Zühlsdorf*
- 14:30 **Break**
- 14:45 **Pharmacokinetics II:**  
pharmacogenetics / polymorphisms, pharmacometrics, PK/PD relationship  
*A. Kovar, M. Zühlsdorf*
- 16:00 **Test on Part I contents**
- 16:30 **Feedback and end of Part I**